

King River Horse & Pony Club

Sport Safe Policy

Objective:

To promote, encourage and support Sport Safe strategies for all training and competition sessions at all levels

Policy:

The King River Horse & Pony Club recognises the safety of all members is the Club's primary concern, and where possible, will:-

- Display Sports Medicine Australia's policies and guidelines, including:
 - Blood / infectious diseases;
 - Pregnancy and sports participation; and
 - Children in sport guidelines.
- Encourage senior riders, coaches, officials and parents to be Sports Safe role models and to be aware of their roles and responsibilities.
- Advise riders (and parents) about the Sport Safe Policy and encourage them to comply with it.
- Ensure riders are aware of the need for the wearing of protective equipment, in particular helmets of the required standard.
- Promote Sport Safe strategies through posters, newsletters, brochures and over the public address system at competitions.
- Ensure adequately stocked first aid equipment is available.
- Encourage members and supporters to wear suitable clothing and footwear at all times.
- Include warm up, stretching and cool down activities for all training and competition for both horse and rider.
- Encourage coaches and officials to attend approved courses and to seek accreditation to ensure quality coaching and skill development.
- Conduct regular safety inspections of riding areas and equipment and ensure all equipment is well maintained and in good working order.
- Advise riders to replace fluids before, during and after training and competition sessions, and to have their own water bottle.
- Ensure water is available for all members.
- Encourage members to adopt practices that seek to prevent injury.
- Consider the reasons for and appropriateness of any rules that prevent the implement of Sport Safe strategies.
- Review the Sport Safe policy annually.